

LEARN, GROW, EXTEND YOUR KNOWLEDGE, SKILLS WITH OTHER LIKEMINDED LEADERS

HOW is it done ?

We will meet once a week for 60 mins. One person in the group will share their challenge, question, situation with the rest of the group in a confidential setting.

The group will then evaluate, find out more, question. The person sharing will withdraw whilst the group then discusses options, opportunities, suggestions, ideas, recommendation or Best Practise according to their own experience.

CONFIDENTIAL PEER COACHING

WHAT is peer coaching?

Peer Coaching is a form of learning and development where two or more people work together to reflect on current practices; expand, refine, and build new skills; share ideas; teach one another, or solve problems in the workplace.

WHY: What are the benefits of peer coaching?

Benefits of peer coaching include: increase self-awareness, gain new insights through others, receive ideas and Best Practice examples, learn new skills and accelerate learning, creating sense of camaraderie and increased networking. It enables learning from diverse industries and functions for broader understanding, sharing challenges and create a innovative future together.

HOW CONTINUATION:

The person will decide on take - aways and implement some of the suggestions, recommendations etc in their day to day work.

The following week another participant will share their situation, questions or challenge and the group will again focus on this person's topics as previously stated.

The group is limited to 6 people to provide confidentiality and professionalism, enabling each participant to share their situation in one of the 6 sessions.

The group will be from diverse industries, functions and seniority, enabling participants to share in a confidential setting. Everyone is encouraged to share, learn, grow, stretch their knowhow and experience with likeminded leaders across functions and industries in a professional, environment, safely guided and facilitated by myself to ensure maximum confidentiality, learning, growth and upskilling.

FEE:

The fee for your participation in this facilitated Peer Coaching (6 sessions @ 60mins) Plus an individual 1:1 Coaching session for your personal development is CHF 950.-.

60 MINS/WEEK OVER A PERIOD OF 6 WEEKS EVERY FRIDAY @13PM.

(group of 6 exclusively)

CONTACT

Please send me an Email or Call me if you are interested to join the Peer Coaching Group:
sonja@prime-coaching.com
www.prim-coaching.com
Tel. +41 (0)79 460 1982

BENEFITS FOR YOU



INCREASED LEARNING

We learn on our own, we learn through technology, reading, conferences and we learn THROUGH others. This is about learning from each other, with each other for each other in short; COLLABORATIVE LEARNING.



UPSKILLING

Learning with people from *diverse* background, industry and function will allow you to *gain awareness*, identify skill's or experience gap and thus be able to create a learning plan to close the gap going forward to make yourself an attractive candidate on the job market and in your current company.



EXPAND YOUR KNOWHOW OUTSIDE YOUR INDUSTRY AND FUNCTION

You will gain knowhow and BEST PRACTICE from other industries, learn about new functions and increase your network with the other participants. *Build on your strengths !*

CONFIDENTIAL & PROFESSIONAL

I guarantee professional facilitation in a confidential setting. Each participant will commit to keeping all information shared to themselves for the duration of the Peer Coaching journey.

- 6 GROUP SESSIONS & 1 PERSONAL 1:1 COACHING FOR YOUR OWN DEVELOPMENT
- CONTENT SHARED WITH GROUP MEMBERS ONLY
- ALL INFORMATION REMAINS WITHIN GROUP

Individual commitment to a group effort – that is what makes a team work, a company work, a society work, a civilization work.” (Vince Lombardi)